

ATTITUDE DETERMINES ALTITUDE

This is a follow-up to an article I wrote several months ago. Roger Dangerfield coined a phrase that made him millions-“I get no respect”. As I pondered over this statement I realized one of the main reasons we sometimes don’t get the respect we want is because we don’t earn it. Our attitudes quite often need adjusting. Dr Robert Bowers defines attitude as position or bearing, indicating action, feeling, or mood. He sees it as a mindset, a filter through which we ultimately determine our destiny. We can control our attitude, or it will control us. God has given us that choice. It has been said that our attitude is our most important possession.

Having been in the business world for over fifty years I have had many co-workers and employees who had great potential but never achieved it because of attitude. Some of my best employees had very limited education but a great desire to achieve. It, to a great degree, stems on attitude. I have fallen into the same trap many times of needing an attitude adjustment. So have most of you. This not only refers to the work place but to every part of our lives, including most of all, the home. We tend to be at our worst when we are relating to ones we love the most. The following is an article designed to make us evaluate our attitude. The writer is anonymous.

Unlike some things in life, we can choose our outlook. Sometimes we just need a reminder that happiness can often simply be a result of choosing attitudes.

- Today I can complain that the weather is rainy or I can be thankful that the grass is getting watered for free.
- Today I can feel sad that I don’t have more money or I can be glad that my finances encourage me to make my purchases wisely and guide me away from waste.
- Today I can grumble about my health or I can rejoice that I am alive.
- Today I can lament over all that my parents didn’t give me when I was growing up or I can feel grateful that they allowed me to be born.
- Today I can cry because roses have thorns or I can celebrate that thorns have roses.
- Today I can mourn my lack of friends or I can excitedly embark upon a quest of being friendly.
- Today I can whine because I have to go to work or I can shout with joy because God has given me the power to “create” wealth.
- Today I can murmur because I have to do housework, or I can feel honored because the Lord has provided shelter for my mind, body and soul.
- Today stretches ahead of me, waiting to be shaped. And here I am, the sculptor who gets to do the shaping. What today will be like is up to me. I get to choose what kind of day I have.
- Our attitude is one of the last opportunities we have to make a quality decision.
- Have a great day----unless you have other plans.