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The following are excerpts from a letter sent to a family member in 1994 when she was going through a test concerning a physical ailment. The letter was from an evangelist named **Dave Roberson**. (She was healed later that year)

Sometimes it is hard to understand why Jesus does not come on the scene to heal us or set us free in other areas of our lives as simply as He saved us. A person may reason and say, “the same cross Jesus was made to bear my sin on is the same cross where he bore my sicknesses and carried my pains,” so why is salvation so easy to attain while healing is not only harder to come by but harder to hang on to once you have it?

The devil is not able to take away my salvation just because he wants to. So why is he able to take my healing almost automatically unless I fight to keep him from doing it? I can tell you why, and if you will listen closely to what I am about to say to you, I can teach you how to not only receive your healing or miracle but how to hang onto it also.

We know the same principles Paul outlined in Romans 10 that causes us to be born again are the same principles outlines in Mark 11:23 that moves our mountains into the sea. **Romans 10:9-10** says:

If you will confess with your mouth the Lord Jesus and believe in your heart that God has raised him from the dead, you will be saved. For with the heart man believes unto righteousness, and with the mouth confession is made unto salvation.

Aren't these the same principles set forth in the Word that say we must believe with our heart and confess with our mouth and we will have what we say? **Mark 11:23** says:

For surely I say unto you, whoever says to this mountain, “be moved and cast into the sea”, and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.

Then why is it so easy to receive and hang onto our salvation, but the mountain keeps wanting to come back bringing disease and everything else with it?

When Jesus talked about salvation, he did so in three different realms; spirit, soul and body. Of course, we know that our spirit is the hidden man of the heart; the soul is our mind, will intellect and emotions; and the last is our physical body.

He divided the operation of these three realms into the two distinct levels we operate from, the first being the level of the spirit that makes up the entire kingdom of heaven. And the second, the physical side that makes up the whole natural world and everything in it including our physical bodies and their subjection to natural law.

Jesus talked about these two worlds when He told Nicodemus he must be born again. John 3:6-8 says

That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you "You must be born again" The wind blows where it wishes, and you hear the sound of it but cannot tell where it comes from and where it goes. So is everyone who is born of the spirit.

In other words, the realm of the spirit in this natural world is as invisible, yet as present as the wind, and like the wind, there is no place in this world where it is not. When a person is born again, the rebirth takes place in the spiritual realm and you know that something has happened because, like the wind, you can both feel and hear the Holy Spirit when He begins to communicate with your born-again spirit but you cannot see Him. Jesus said, what is born of the Holy Spirit is your human spirit.

Now the reason a person does not slip in and out of salvation the same way that they may slip in and out of healing is because our born-again spirits belong to one realm while our bodies belong to another. Our human spirit underwent a creative process know only to God that literally translated it out of darkness and into the kingdom of His dear Son. Colossians 1:13 says:

He has delivered us from the power of darkness; and conveyed us into the kingdom of the Son of His love.

Our body belongs to the natural realm of this world where the effects of the curse are still operating from when Adam opened the door to Satan and introduced the world to misery, disease, and death.

Because our bodies still belong to this natural realm, and are still susceptible to sickness and disease among other things, we are the ones who have to take dominion over these physical bodies and bring them under subjection to the Word of God and to that one time event of the cross when Jesus bore all those things for us. But the only way a person can be assured of not only receiving a miracle, but also holding onto one, is when they receive it for themselves.

The only way a person can do that is for the measure of faith that is in the spirit of every believer to expand itself until it fills the hope in their soul with the substance of faith. **Romans 12:3** says:

As God has dealt to every man the measure of faith.

Where most of us run into problems is when the hope that is in our souls has not been formulated by the Word of God and faith cannot put substance to it.

Hebrews 11:1 says: ***Now faith is the substance of things hoped for, the evidence of things not seen.***

I see many believers all over the world who have lost their hope, being run over by the cares of this world or disease has worn them out, taking their initiative from them and still others are caught up in false doctrines that give them no hope.

What makes this so destructive is that, without the kind of hope that is formed in a person's soul by the Word of God, there is nothing for faith to put substance to.

Paul outlined four steps that will bring us out of tribulation by causing us to develop the right kind of hope and will cause the love of God to be shed abroad in our hearts by the Holy Spirit which, of course, is assurance and answered prayer.

Romans 5:3-5 says:

And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the Holy Spirit who was given to you has poured out the love of God in our hearts.

When we find ourselves in the midst of tribulation, when problems come that seem to be out of control (such as a terminal disease or a crisis) we must remember that the first thing Paul did, as did James, was begin to glorify or worship God in the midst of their tribulation.

THE STEPS OUTLINED BY PAUL ARE AS FOLLOWS

STEP NUMBER 1----WORSHIP James 1:2-4

My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have his perfect work, that you may be perfect and complete, lacking nothing.

They knew that, in times of tribulation, nothing could sustain the emotions better than worshipping God. Worshipping God adds the fortitude and strength to a person's soul that gives them the patience to stand during the sometimes-lengthy duration of testings and trials. That brings us to the next step.

STEP NUMBER 2—PATIENCE

Notice, it says in Romans 5:3 that tribulation produces patience but a person has to be careful as to what kind of patience he lends himself to because there are two kinds of patience. One is of the world that teaches a person to patiently endure because they cannot do anything about it anyway. So people learn to deal or cope with a problem because there is no hope of changing it.

But the patience that is of God works experience or literally goes out and hires or employs experience because patience knows that the new employee will eventually bring her out of tribulation which brings us to the third step.

STEP NUMBER 3 EXPERIENCE

The kind of experience that patience hires to bring her out of tribulation is the kind that is worked by God's Word . That is why Hebrews 5:13 says that everyone who is unskillful or inexperienced in the Word of right standing is a baby. ***Hebrews 5:13-14 says:***

For everyone who partakes only of milk is unskillful in the Word of righteousness, for he is a babe. But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

So, what patience does is supply the time needed while needed experience takes us from a state of being unskillful, so far as the Word of God is concerned, to a state of being highly skilled and experienced in applying God's Word to the problem.

Strong meat belongs to those who by reason of use (the use of the Word) have their senses exercised by bring them under subjection to the Word of God to discern both good and evil.

When your senses say, "your are not healed" The Word says you are and a believer on strong meat knows how to bring his senses under subjection to the Word of God until the disease gives way to the Word.

Did you notice the fourteenth verse says that "by reason of use of the word, have their senses exercised to discern both good and evil"? The word "exercised" means that the mature believer literally puts his senses through a cadence and exercises them until they are no longer afraid of the circumstances that say they will die, or go broke, or give way to hopelessness or depression. But the question is, how does a person do this? What is the most effective way to exercise your senses? That brings us to the fourth step, which is hope.

STEP NUMBER 4—HOPE

Hope is the final step in deliverance out of tribulation because hope is the final stage where faith can put substance to whatever it is we are believing God for and answer our prayers. ***Hebrews 11:1*** says:

For faith is the substance of things hoped for, the evidence of things not seen.

So we have four steps that will bring us out of tribulation and deliver us to the right kind of hope, the kind of hope that faith can put substance to. And we must remember, these four steps will bring us out of any kind of attack from the enemy, whether terminal diseases, recession of finances or from mental depression and illness.

Hypothetically speaking, let's just suppose one day you come home and find yourself in tribulation. The Doctors have just given you a report that there is no known cure for the kind of cancer that is spreading in your body.

For the next few months, things will be critical. The devil will try to get so much fear and doubt into you that, whatever hope you have, he will try to totally destroy it.

At this point, you have to willfully submit yourself to the Word of God to combat the negative input. The way to do that is the same way Paul and James did when they began to glorify God and worship Him in the midst of their tribulation. Because worship is the first step out of tribulation.

Worship not only sustains our emotions during the duration of the trial when we need patience, but it is also the beginning process that helps us gain the experience we need to go from inexperienced to experienced, or from unskilled to skilled, in the handling of the Word of righteousness. Therefore, the way we worship is important. I am not talking about the praise and worship in public assembly. I am talking about your private time when you go into your closet and close the door and begin to worship God, just you and Him, when no one else is around. ***Psalms 149:5-9*** says:

Let the saints be joyful in glory: let them sing aloud upon their beds. Let the high praises of God be in their mouth, and a two-edged sword in their hand; to execute vengeance upon the heathen, and punishments upon the people; to bind their kings with chains, and their nobles with fetters of iron; to execute upon them the judgment written: this honor have all the saints. Praise ye the Lord.

In our covenant, we wrestle not against flesh and blood but against principalities and powers (Eph. 6:12)

So in **Psalms 149:8**, the kings and nobles that are being put in chains and fetters of iron through our praise and worship are not natural kings but principalities and powers, the kind that kills our hope, brings bad reports, disease, discord, depression and fear.

So, when the bad report comes, we need to immediately put the devil in chains by letting the high praises of God become the two-edged sword in our hand as the sixth verse so aptly declares. And this is how we do that.

First, we begin to worship God because we are saved, because our name is written in Heaven. Then begin to worship God for His Word by saying things like this, Father, I thank You and love You for Your Word . God, you are not a man that You can lie. You exalt Your Word above Your Name. Jesus, I praise You and love You for bearing my sicknesses and carrying my pains. I AM HEALED FROM THE DISEASE.

We need to select powerful scriptures pertaining to the particular kind of tribulation we may find ourselves in and worship God around them and quote them and thank God for them and confess our liberty. What we are doing is executing upon the disease and the devil the judgment God has written for them in His Word. This is why **Psalms 149:9** says what it does:

“To execute upon them the judgment written: this honor have all the saints- Praise Ye the Lord “

So as we worship God in this manner during our patient waiting time throughout the length of the testing or trial, our worship will work the Word and in our patience, we will gain the experience we need from working the Word to cause the hope in us which the devil has obviously tried to over-power with fear and cancer, to become the kind of hope faith can put substance to.

When a person crosses that line, the line from hope to faith, they know it. I do. The old-timers called it praying through. The hope that is in us begins to fill up with faith and things start happening. But if we never start, how are we ever going to get there?

I used to think my confession was moving God. It's not. How can you move someone who said in him in **Romans 8:32**, ***He that spared not His own Son: but delivered Him up for us all, how shall He not with Him give us all things?***

Our worship belongs to God but our confession belongs to our own soul. It trades in our old hope for the kind of hope that faith can put substance to.

Ephesians 5:19-20 says:

Speaking to yourself in Psalms and hymns and spiritual songs, singing and making melody in your hearts to the Lord. Giving thanks always for all things unto God and the Father in the name of the Lord Jesus Christ.

Remember, confession is to the soul what fasting is to the physical man and what praying in tongues is to the spirit.

May God bless you as you put these things into practice.

Your friend,

Dave Roberson