

# STUDY # 1--PURITY OF THE MIND AND BODY

## Purity of the Mind

### Why is heart purity important? Pro. 4:23

Keep your heart with all diligence,  
For out of it *spring* the issues of life.

### Why is lust so bad? Matt. 5:27-28

27 "You have heard that it was said \*to those of old, '*You shall not commit adultery.*'\*  
28 But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.

### What makes a person unclean? Matt. 15:10-20

10 When He had called the multitude to *Himself*, He said to them, "Hear and understand: 11 Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man."

12 Then His disciples came and said to Him, "Do You know that the Pharisees were offended when they heard this saying?"

13 But He answered and said, "Every plant which My heavenly Father has not planted will be uprooted. 14 Let them alone. They are blind leaders of the blind. And if the blind leads the blind, both will fall into a ditch."

15 Then Peter answered and said to Him, "Explain this parable to us."

16 So Jesus said, "Are you also still without understanding? 17 Do you not yet understand that whatever enters the mouth goes into the stomach and is eliminated? 18 But those things which proceed out of the mouth come from the heart, and they defile a man. 19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies. 20 These are *the things* which defile a man, but to eat with unwashed hands does not defile a man.

### What are "things of the Spirit"? Romans 8:5

For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit

### How do you gain a new mind? Eph. 4:17-24

17 This I say, therefore, and testify in the Lord, that you should no longer walk as \*the rest of the Gentiles walk, in the futility of their mind, 18 having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart; 19 who, being past feeling, have given themselves over to lewdness, to work all uncleanness with greediness.

20 But you have not so learned Christ, 21 if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: 22 that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, 23 and be renewed in the spirit of your mind, 24 and that you put on the new man which was created according to God, in true righteousness and holiness.

### What are good thoughts? Phil 4:8

Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy--meditate on these things.

(Over)

## Purity of the Body

### Why does God demand purity? Lev. 4:44-45

For I *am* the LORD your God. You shall therefore consecrate yourselves, and you shall be holy; for I *am* holy. Neither shall you defile yourselves with any creeping thing that creeps on the earth. 45 For I *am* the LORD who brings you up out of the land of Egypt, to be your God. You shall therefore be holy, for I *am* holy.

### Whose slave should you be? Why? Romans 6:11-19

12 Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. 13 And do not present your members *as* instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members *as* instruments of righteousness to God. 14 For sin shall not have dominion over you, for you are not under law but under grace. 15 What then? Shall we sin because we are not under law but under grace? Certainly not! 16 Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin *leading* to death, or of obedience *leading* to righteousness? 17 But God be thanked that *though* you were slaves of sin, yet you obeyed from the heart that form of doctrine to which you were delivered. 18 And having been set free from sin, you became slaves of righteousness. 19 I speak in human *terms* because of the weakness of your flesh. For just as you presented your members *as* slaves of uncleanness, and of lawlessness *leading* to *more* lawlessness, so now present your members *as* slaves of righteousness for holiness

### Why not indulge? I Cor. 6:13-20

Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body *is* not for sexual immorality but for the Lord, and the Lord for the body. 14 And God both raised up the Lord and will also raise us up by His power.

15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make *them* members of a harlot? Certainly not! 16 Or do you not know that he who is joined to a harlot is one body *with her*? For "*the two*," He says, "*shall become one flesh*."\* 17 But he who is joined to the Lord is one spirit *with Him*.

18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. 19 Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? 20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

### What did Paul do? I Cor. 9:27

But I keep under my body, and bring [it] into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

### What changes should occur? Why? Cor. 3:5-11

Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry. 6 Because of these things the wrath of God is coming upon the sons of disobedience, 7 in which you yourselves once walked when you lived in them.

8 But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth. 9 Do not lie to one another, since you have put off the old man with his deeds, 10 and have put on the new *man* who is renewed in knowledge according to the image of Him who created him, 11 where there is neither Greek nor Jew, circumcised nor uncircumcised, barbarian, Scythian, slave *nor* free, but Christ *is* all and in all.